



WAT IS 'BINNENLUCHTKWALITEIT' IN TIJDEN VAN CORONA?

ATIC webinar Last van Corona?

WAARAAN WORDEN WE BLOOTGESTELD?

inname per jaar:

- water: 1 ton
- voedsel: 1 ton
- lucht: 2.5 ton



"THE DEVIL IS IN THE DETAILS"

Chemische samenstelling van normale omgevingslucht

Stof	% van het volume in droge lucht
Stikstof (N_2)	78.09%
Zuurstof (O_2)	20.94%
Argon (Ar)	0.93%
Koolstofdioxide (CO_2)	0.03%

= 99,99%

Indoor air pollution: new EU research reveals higher risks than previously thought

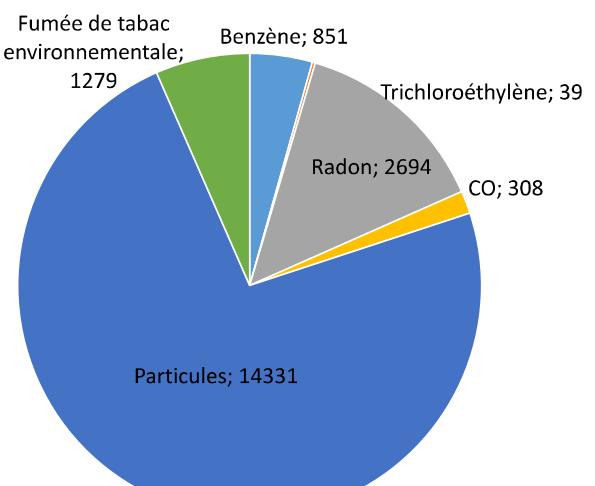
Do you really know what you are breathing when sitting at home? Europeans spend 90% of their time indoors. But closed environments are not always the healthiest. The latest studies on human exposure to indoor pollution, released today by the European Commission at its Joint Research Centre (JRC)¹ facilities in Ispra (Italy), reveal that indoor environments pose their own threats to health and, in some cases, can be at least twice as polluting as outdoor environments. Hundreds of volatile components have been detected and some of them are toxic, mutagenic or carcinogenic. The number of potential sources is enormous.

Table 2

Costs (millions €) of indoor air pollution exposure for the target pollutants, France, 2004.

	Benzene	Trichloroethylene	Radon	CO	Particles	ETS	Total
External costs							
Premature death	- 453	- 19.6	- 2089	- 237	- 5760	- 322	- 8880
Quality of life loss	- 383	- 6.7	- 309	0	- 7350	- 837	- 8886
Lost productivity	- 38	- 1.5	- 282	- 72	- 1102	- 85	- 1580
<i>Total external costs</i>	<i>- 874</i>	<i>- 27.8</i>	<i>- 2680</i>	<i>- 309</i>	<i>- 14,212</i>	<i>- 1244</i>	<i>- 19,347</i>
Public finances							
Health	- 18	- 2.9	- 61	- 3	- 236	- 37	- 358
Research	*	*	*	*	*	*	- 11
Unpaid pensions	10.7	0.45	49	4	136.5	88	289
<i>Raw costs for public finances</i>	<i>- 7.3</i>	<i>- 2.45</i>	<i>- 12</i>	<i>0.9</i>	<i>- 99.5</i>	<i>- 29</i>	<i>- 80</i>
<i>Total costs for public finances</i>	<i>- 8.8</i>	<i>- 2.9</i>	<i>- 14.4</i>	<i>1.1</i>	<i>- 119.4</i>	<i>- 35</i>	<i>- 96</i>
Total costs	- 883	- 30.7	- 2694	- 308	- 14,331	- 1182	- 19,443

* : overall evaluation for all the selected pollutants; CO: carbon monoxide; ETS: environmental tobacco smoke.

Boulanger et al. 2017**Kopp et al. 2014**

Volatile organic chemicals in a strawberry

Esters

- Methyl butyrate
- Ethyl butyrate
- Methyl hexanoate
- Ethyl hexanoate
- Hexyl acetate
- (E)-2-hexenyl acetate
- Butyl hexanoate
- Hexyl butyrate
- Methyl octanoate
- Ethyl octanoate
- Octyl acetate
- Octyl butyrate
- Octyl-2-methyl butyrate
- Hexyl hexanoate
- Octyl isovalerate
- Decyl acetate
- Octyl hexanoate
- Decyl butyrate

Lactones

- Gamma-decalactone
- Gamma-dodelactone

Aldehydes

- Furfural
- 5-hydroxy methyl furfural

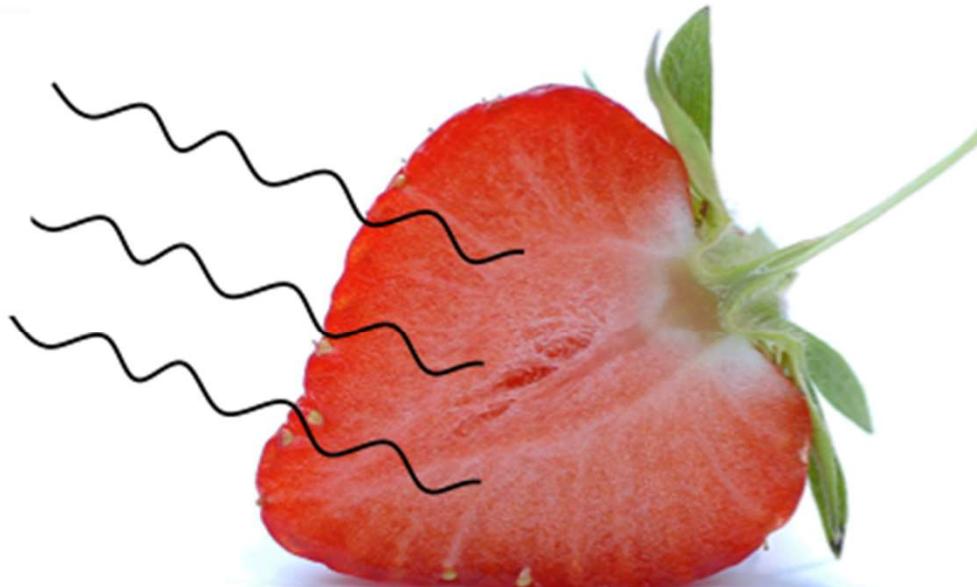
Terpenes

- Limonene
- Linalool
- (E)-Nerolidol

Alcohols

- Hexanol
- Octanol

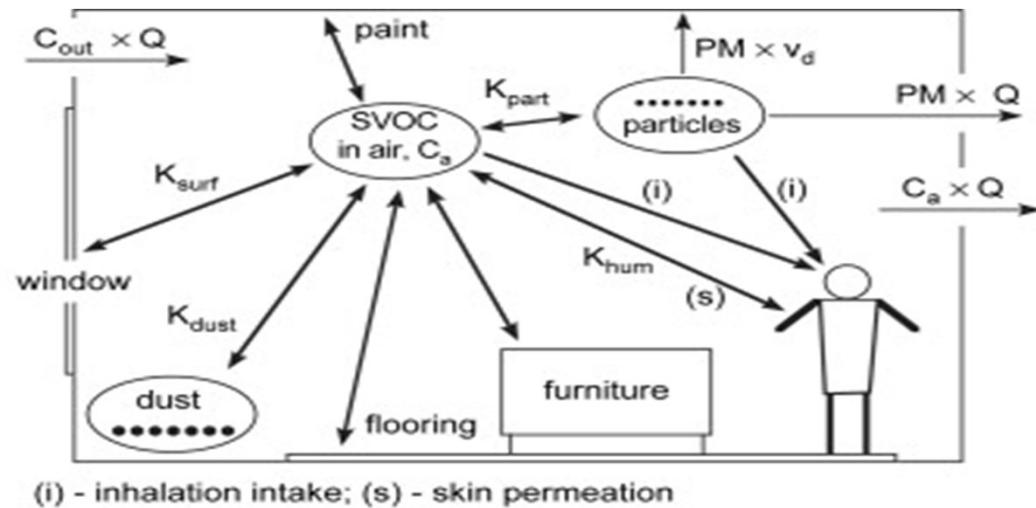
these put together are what you “smell”



from Kafkas and Paydas, *World Journal of Agricultural Sciences* 3(2) 191-195 (2007)

WELKE POLLUENTEN?

- Gasvormig ((V)VOC)
- Gasvormig maar met hoog kookpunt (SVOC)
 - grote ‘vloeibare’ hoeveelheid in ruimte
- Partikels (PM)
 - vloeibaar en vaste stof
 - verschillende diameters

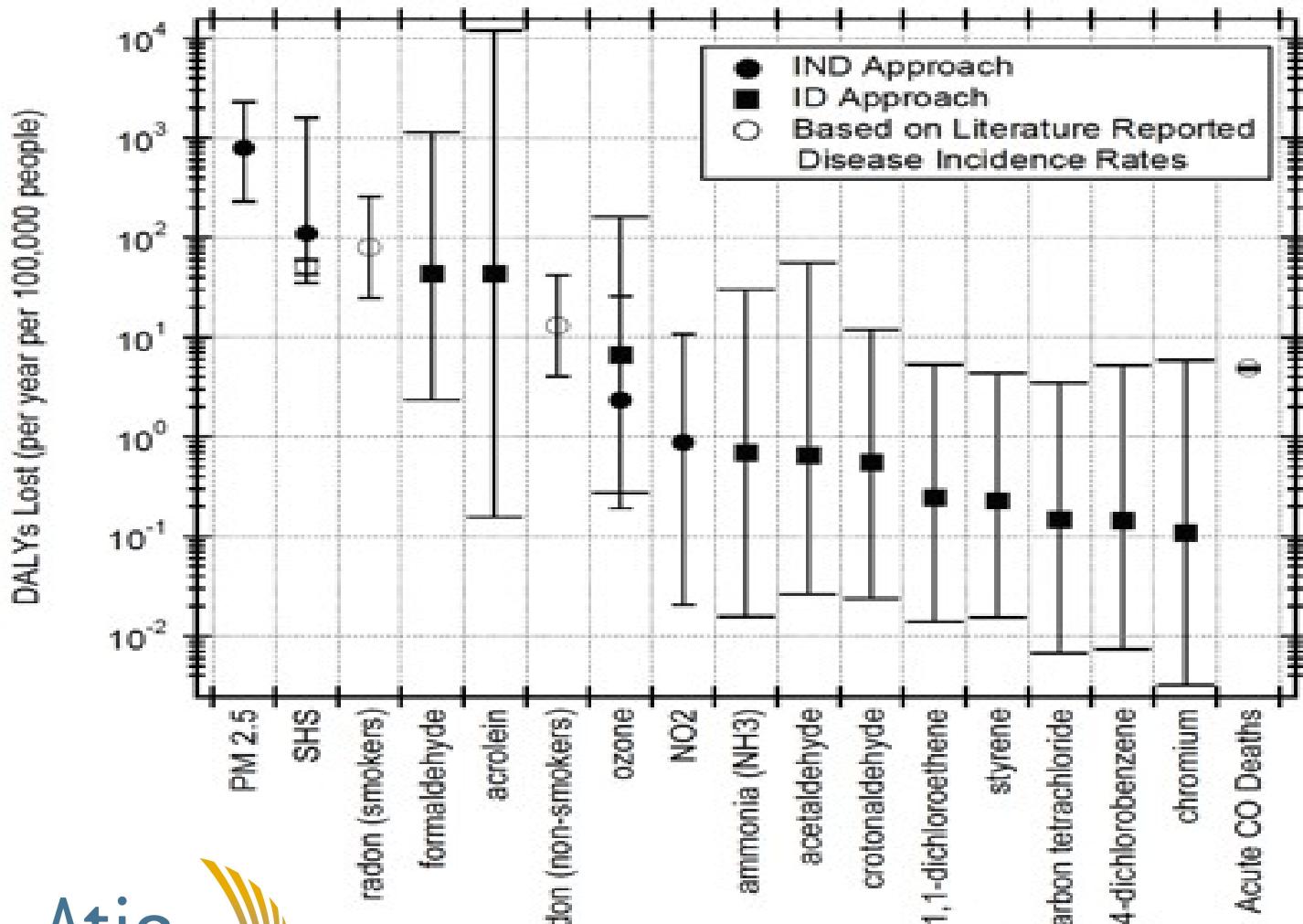


EU-LCI WORKING GROUP DG GROWTH

- 153 harmonised LCI values so far
- +- 80 additional in preparation

No.	CAS no.	Compound	EU-LCI ($\mu\text{g}/\text{m}^3$)	Status of EU-LCI value	Year of adoption
1		<i>Aromatic hydrocarbons</i>			
1-1	108-88-3	Toluene	<u>2900</u>	Derived EU-LCI	2013
1-2	100-41-4	Ethylbenzene	<u>850</u>	Derived EU-LCI	2013
1-3	1330-20-7 106-42-3 108-38-3 95-47-6	Xylene (o-, m-, p-) and mix of o-, m- and p-xylene isomers	<u>500</u>	Derived EU-LCI	2013
1-4*	98-82-8	Isopropylbenzene (cumene)	<u>1700</u>	Derived EU-LCI	2017
1-5	103-65-1	n-Propylbenzene	<u>950</u>	Derived EU-LCI	2013
1-6	108-67-8 95-63-6 526-73-8	Trimethylbenzene (1,2,3-,1,2,4-,1,3,5-)	<u>450</u>	Derived EU-LCI	2013
1-7	611-14-3	2-Ethyltoluene	<u>550</u>	Derived EU-LCI	2014
1-8	527-84-4 535-77-3 99-87-6 25155-15-1	Cymene (o-, m-, p-) (1-isopropyl-2(3,4)-methylbenzene) and mix of o-, m-, and p-cymene	<u>1000</u>	Ascribed EU-LCI	2013
1-9	95-93-2	1,2,4,5-Tetramethylbenzene	<u>250</u>	Derived EU-LCI	2016
1-10	104-51-8	n-Butylbenzene	<u>1100</u>	Derived EU-LCI	2014
1-11	99-62-7 100-18-5	Diisopropylbenzene (1,3-, 1,4-)	<u>750</u>	Derived EU-LCI	2013

Procedure based on ECA report 29



Binnenmilieubesluit

Woningen en publieke gebouwen

Update 2018:
 ‘interventiewaarden’ voor 17
 individuele polluenten en
 TVOC
 (NIET voor CO₂ = tracer)

stof/factor	richtwaarde	interventie-waarde	blootstellings-duur waarop richt-en interventie-waarden van toepassing zijn
2-ethylhexanol	100 µg/m ³	810 µg/m ³	chronisch*
acetaldehyde	160 µg/m ³	480 µg/m ³	chronisch*
asbest chrysotiel	28 vezels/m ³	280 vezels/m ³	chronisch*
asbest amfibool	3 vezels/m ³	30 vezels/m ³	chronisch*
asbest gemengde stalen	$\frac{\text{amfibool}[\text{vezels}/\text{m}^3]}{3 [\text{vezels}/\text{m}^3]} + \frac{\text{chrysotiel} [\text{vezels}/\text{m}^3]}{28 [\text{vezels}/\text{m}^3]}$ ≤ 1	$\frac{\text{amfibool}[\text{vezels}/\text{m}^3]}{30 [\text{vezels}/\text{m}^3]} + \frac{\text{chrysotiel} [\text{vezels}/\text{m}^3]}{280 [\text{vezels}/\text{m}^3]}$ ≤ 1	chronisch*
benzeen	0,4 µg/m ³ **	0,4 µg/m ³ **	chronisch*
C₄-C₁₁-aldehydes	650 µg/m ³	1600 µg/m ³	chronisch*
C₉-C₁₄-alkanen	250 µg/m ³	490 µg/m ³	chronisch*
formaldehyde		100 µg/m ³	chronisch*
koolstofdioxide	<500 ppm boven de buitenluchtconcentratie	-	-
koolstofmonoxide		8 mg/m ³	24 uur
metallisch kwik (damp)	0,05 µg/m ³	0,6 µg/m ³	chronisch*
naftaleen	3 µg/m ³	31 µg/m ³	chronisch*
nicotine	0,1 µg/m ³	-	-
ozon	40 µg/m ³	78 µg/m ³	8 uur
polycyclische aromatische koolwaterstoffen met benzo(A)pyreen als indicator	0,012 ng/m ³	0,1 ng/m ³	chronisch*
PM2,5 (fijn stof)	10 µg/m ³	-	chronisch*
stikstofdioxide	20 µg/m ³	40 µg/m ³	chronisch*
styreen	260 µg/m ³	2500 µg/m ³	chronisch*
tetrachloor- ethyleen	4 µg/m ³	38 µg/m ³	chronisch*
tolueen	5000 µg/m ³	14000 µg/m ³	chronisch*
trichloorethyleen	0,2 µg/m ³	2,5 µg/m ³	chronisch*
totale vluchtlige organische stoffen	300 µg/m ³	1000 µg/m ³	chronisch*

*blootstelling van > 365 dagen, geldig voor levenslange blootstelling

**van toepassing als concentratie buitenlucht ≤ 0,4 µg/m³ is; in elk ander geval geldt de buitenconcentratie als interventiewaarde.

Table 5 — Basic classification of indoor air quality (IDA)

Category	Description
IDA 1	High indoor air quality
IDA 2	Medium indoor air quality
IDA 3	Moderate indoor air quality
IDA 4	Low indoor air quality

EN 13779:2004

Table 9 CO₂-level in rooms

Categorie	CO ₂ -level above level of outdoor air in ppm	
	Typical range	Default value
IDA 1	≤ 400	350
IDA 2	400 – 600	500
IDA 3	600 – 1,000	800
IDA 4	> 1,000	1,200

buildings. In cases with high activity levels (met >1,2), the outdoor rates should be increased by a factor of met/1,2.

Binnenmilieubesluit

Woningen en publieke gebouwen

ook ‘biotische’ en
omgevingsfactoren

1° de biotische factoren, de richt- en interventiewaarden ervan, en de blootstellingsduur waarop die waarden van toepassing zijn:

stof/factor	richtwaarde	interventie-waarde	blootstellings-duur waarop richt- en interventie-waarden van toepassing zijn
zichtbare schimmel omvang beschimmeld oppervlak aanwezigheid van <i>Stachybotrys chartarum</i> aanwezigheid van schimmelmijtjes ongedierte	<0,3 m ² /kamer 0/gebouw 0/gebouw	-	-
	0/gebouw		-

2° de fysische factoren, de richt- en interventiewaarden ervan, en de blootstellingsduur waarop die waarden van toepassing zijn:

stof/factor	richtwaarde	interventie-waarde	blootstellings-duur waarop richt- en interventie-waarden van toepassing zijn
extreem laag frequente elektromagnetische straling	0,4 µT	20 µT	richtwaarde: chronisch* interventiewaarde: acuut****
temperatuur koude jaarhelft** warme jaarhelft***	$20^{\circ}\text{C} \leq T < 24^{\circ}\text{C}$ $22^{\circ}\text{C} \leq T < 26^{\circ}\text{C}$	-	-
tocht koude jaarhelft** warme jaarhelft***	$< 0,15 \text{ m/s}$ $< 0,25 \text{ m/s}$	-	-
relatieve vochtigheid - koude jaarhelft** - warme jaarhelft***	$40\% \leq RV < 60\%$ $30\% \leq RV < 70\%$	-	-

*blootstelling van > 365 dagen, geldig voor levenslange blootstelling

Binnenmilieubesluit

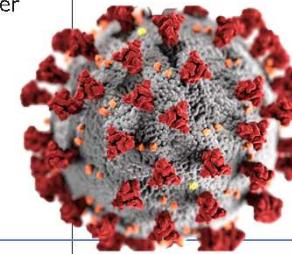
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Update 202x?



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Bouroúiba and Bush (2014)

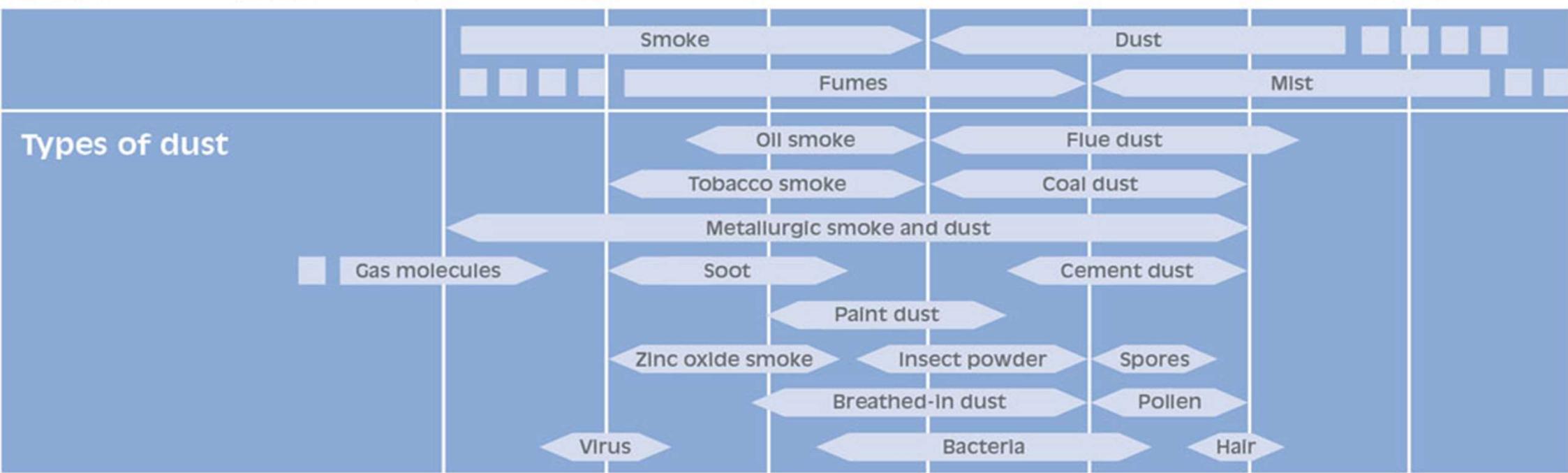
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- **Partikels (PM)**
 - verschillende diameters

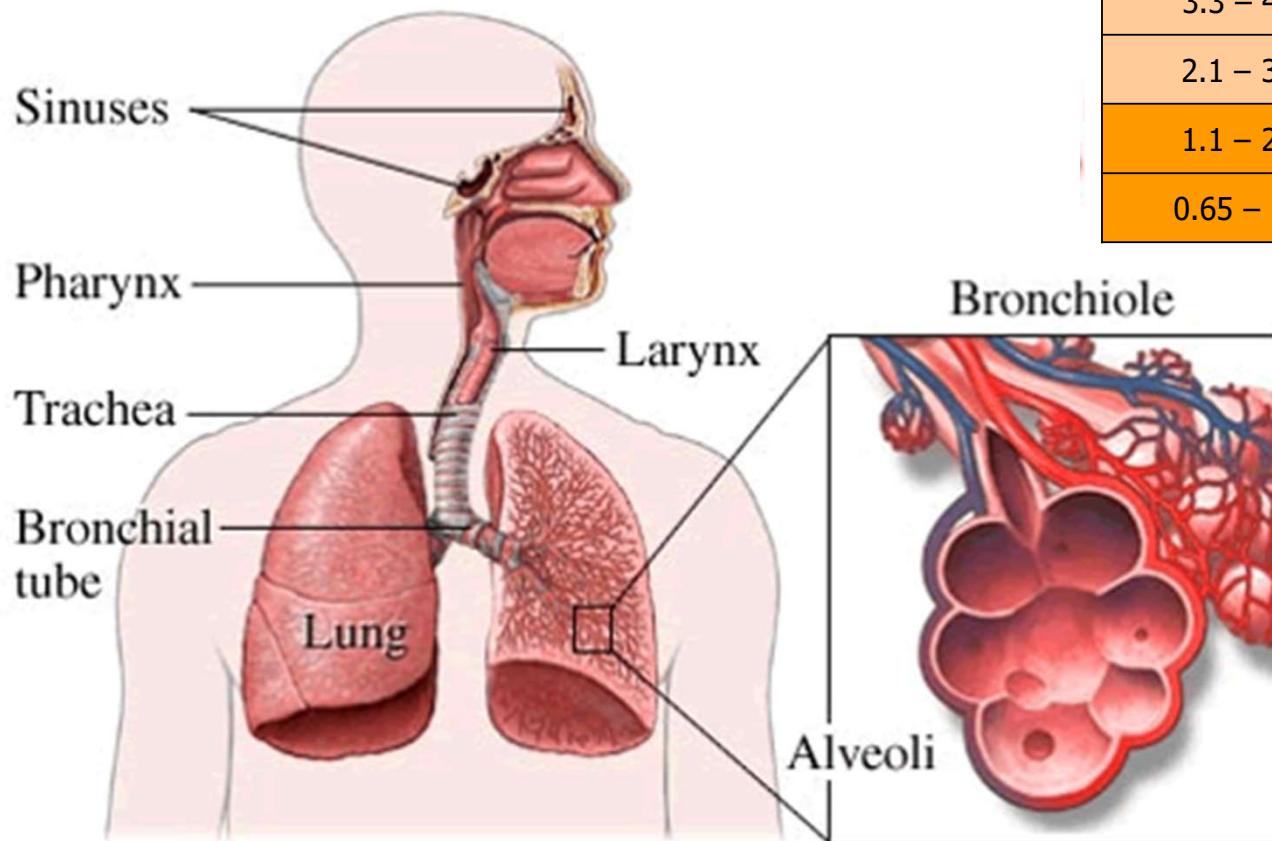
Microbiologische elementen (bacteriën en virussen)
= levende partikels

**Particle size
in μm**

0.0001 0.001 0.01 0.1 1 10 100 1000



BELANG DIAMETER (1)



Diameter (μm)	Penetration Level	Classification
> 7	Oral and Nasal Cavities	Inhalable
4.7 – 7	Larynx	
3.3 – 4.7	Trachea and Bronchi	Thoragics
2.1 – 3.3	Secondary Bronchioles	
1.1 – 2.1	Bronchioles	Breathable
0.65 – 1.1	Alveoli	

**Particle size
in μm**

0.0001

0.001

0.01

0.1

1

10

100

1000

Smoke

Dust

Fumes

Mist

Types of dust

Gas molecules

Oil smoke

Flue dust

Tobacco smoke

Coal dust

Metallurgic smoke and dust

Soot

Cement dust

Paint dust

Zinc oxide smoke

Insect powder

Spores

Breathed-In dust

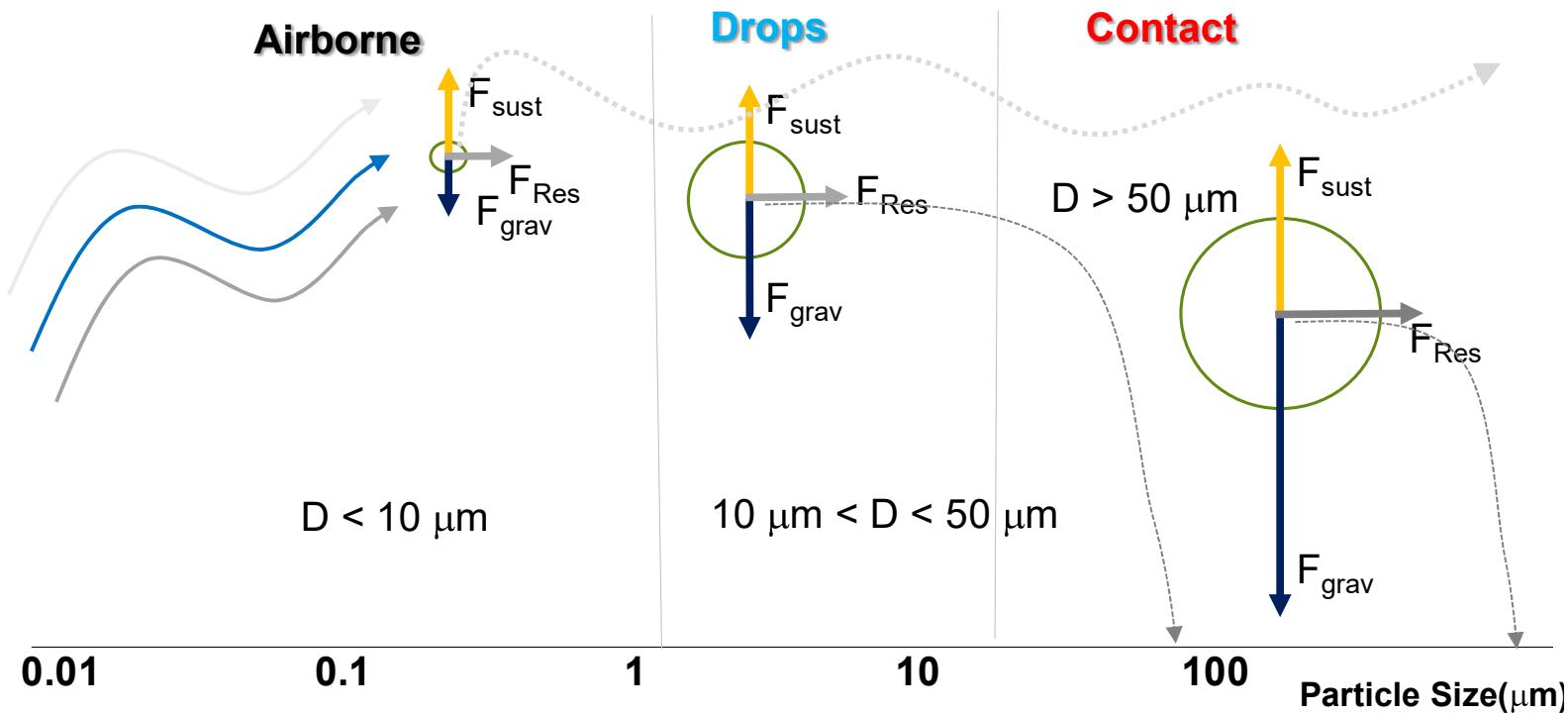
Pollen

Virus

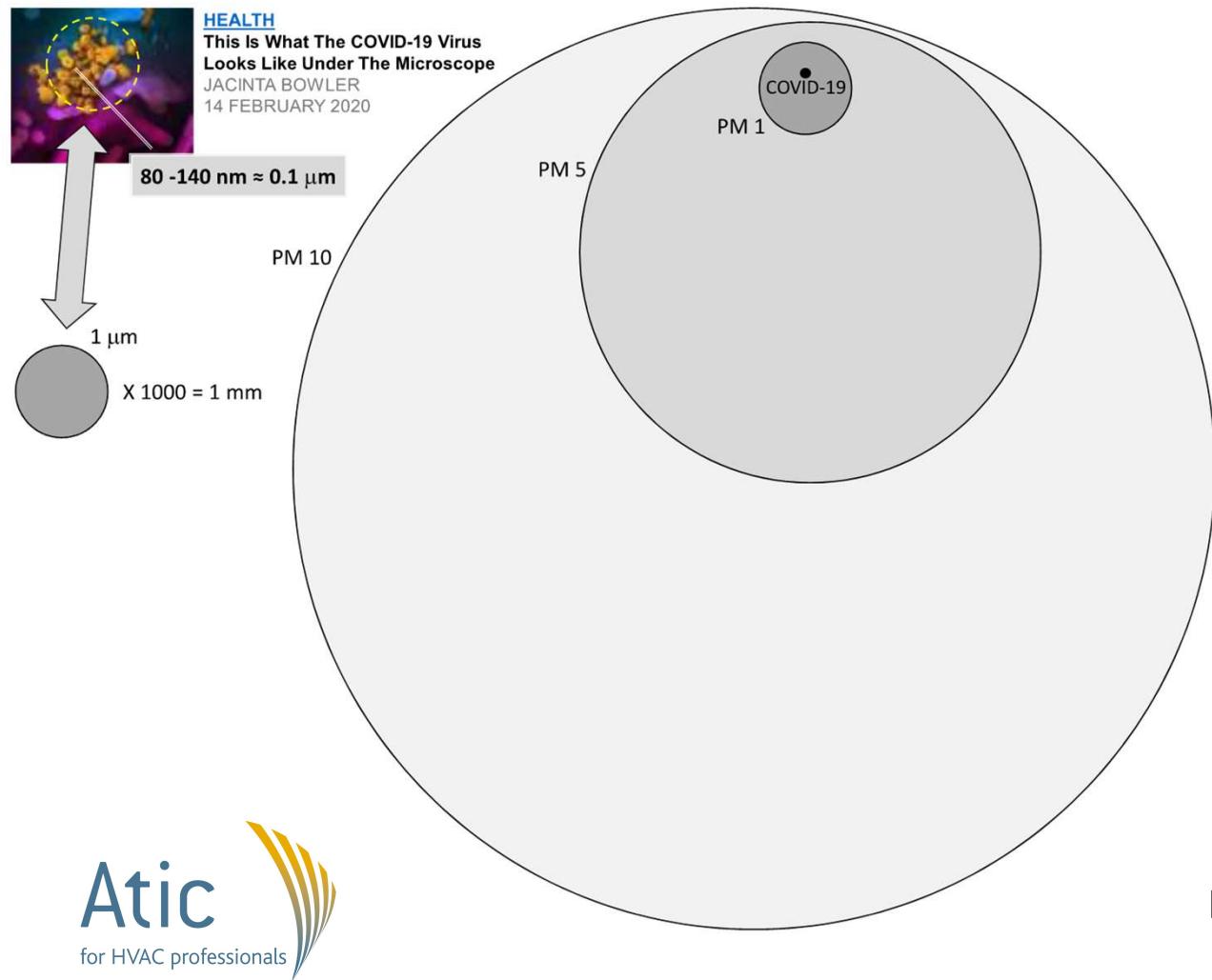
Bacteria

Hair

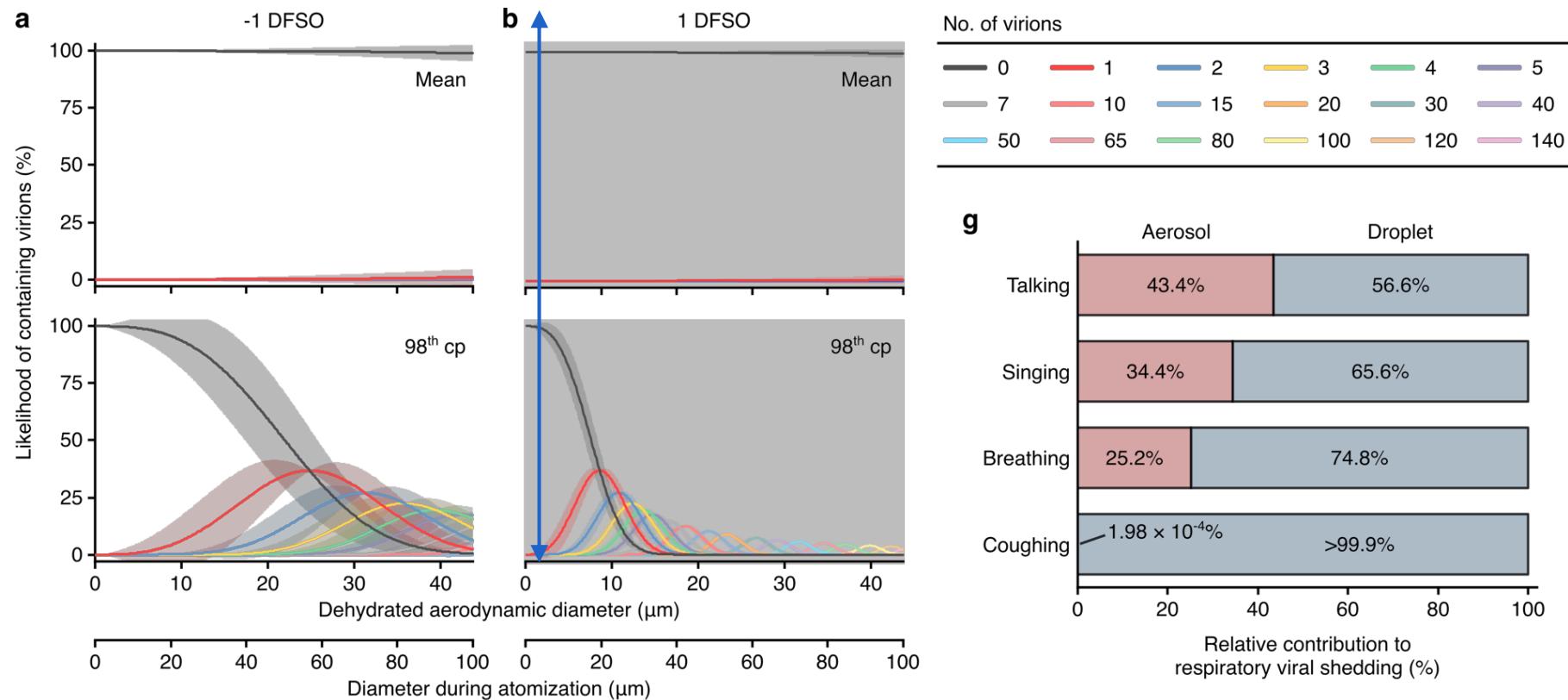
FYSIQUE ET AEROSOLS



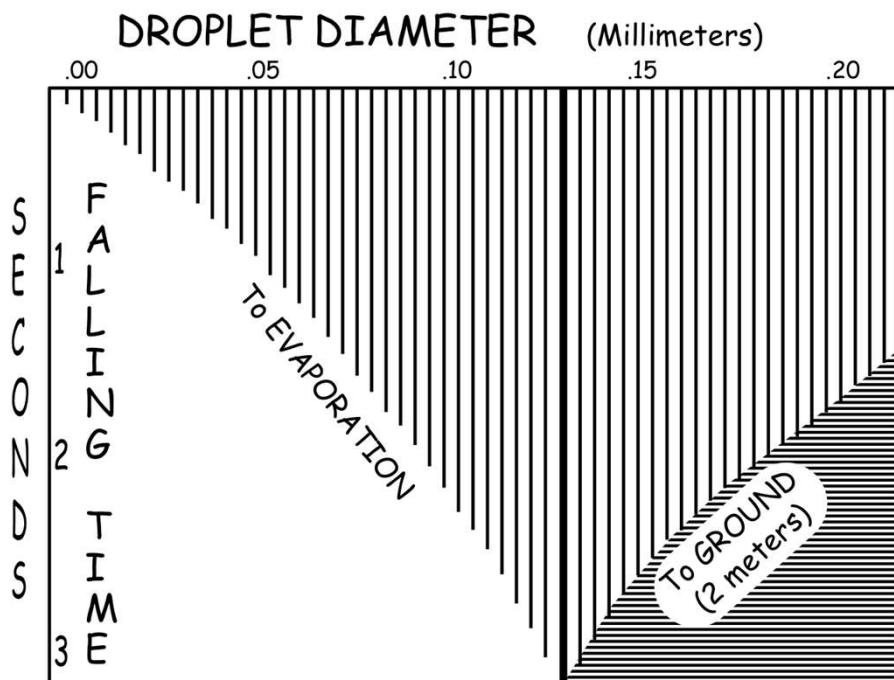
AEROSOLS ET SARS-COV-2



PROBABILITÉ DE GOUTTELETTE AVEC VIRUS



EVAPORATION



Redrawn from Wells, W. F. 1934.

AIRBORNE SPREAD OF MEASLES IN A SUBURBAN ELEMENTARY SCHOOL

E. C. RILEY , G. MURPHY, R. L. RILEY

American Journal of Epidemiology, Volume 107, Issue 5, May 1978, Pages 421–432,
<https://doi.org/10.1093/oxfordjournals.aje.a112560>

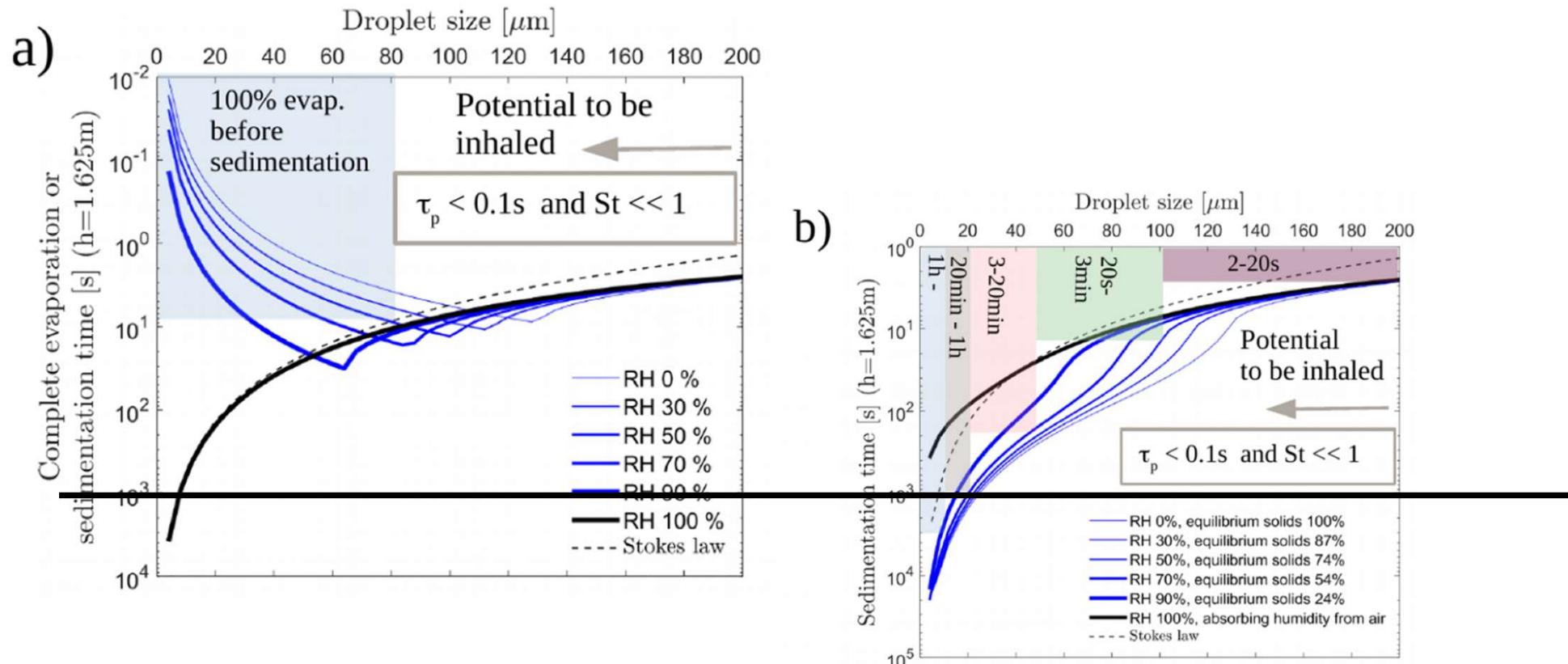
Published: 01 May 1978 Article history ▾

“ Cite  Permissions  Share ▾

Abstract

A measles epidemic in a modern suburban elementary school in upstate New York in spring, 1974, is analyzed in terms of a model which provides a basis for apportioning the chance of infection from classmates sharing the same home room, from airborne organisms recirculated by the ventilating system, and from exposure in school buses. The epidemic was notable because of its explosive nature and its occurrence in a school where 97% of the children had been vaccinated. Many had been vaccinated at less than one year of age. The index case was a girl in second grade who produced 28 secondary cases in 14 different classrooms. Organisms recirculated by the ventilating system were strongly implicated. After two subsequent generations, 60 children had been infected, and the epidemic subsided. From estimates of major physical and biologic factors, it was possible to calculate that the index case produced approximately 93 units of airborne infection (quanta) per minute. The epidemic pattern suggested that the secondaries were less infectious by an order of magnitude. The exceptional infectiousness of the index case, inadequate immunization of many of the children, and the high percentage of air recirculated throughout the school, are believed to account for the extent and sharpness of the outbreak.

NUCLEIDES



WIRED 2021



PHOTOGRAPH: NAILA RUECHEL

MEGAN MOLTENI BACKCHANNEL 05.13.2021 06:00 AM

The 60-Year-Old Scientific Screwup That Helped Covid Kill

All pandemic long, scientists brawled over how the virus spreads. *Droplets! No, aerosols!* At the heart of the fight was a teensy error with huge consequences.

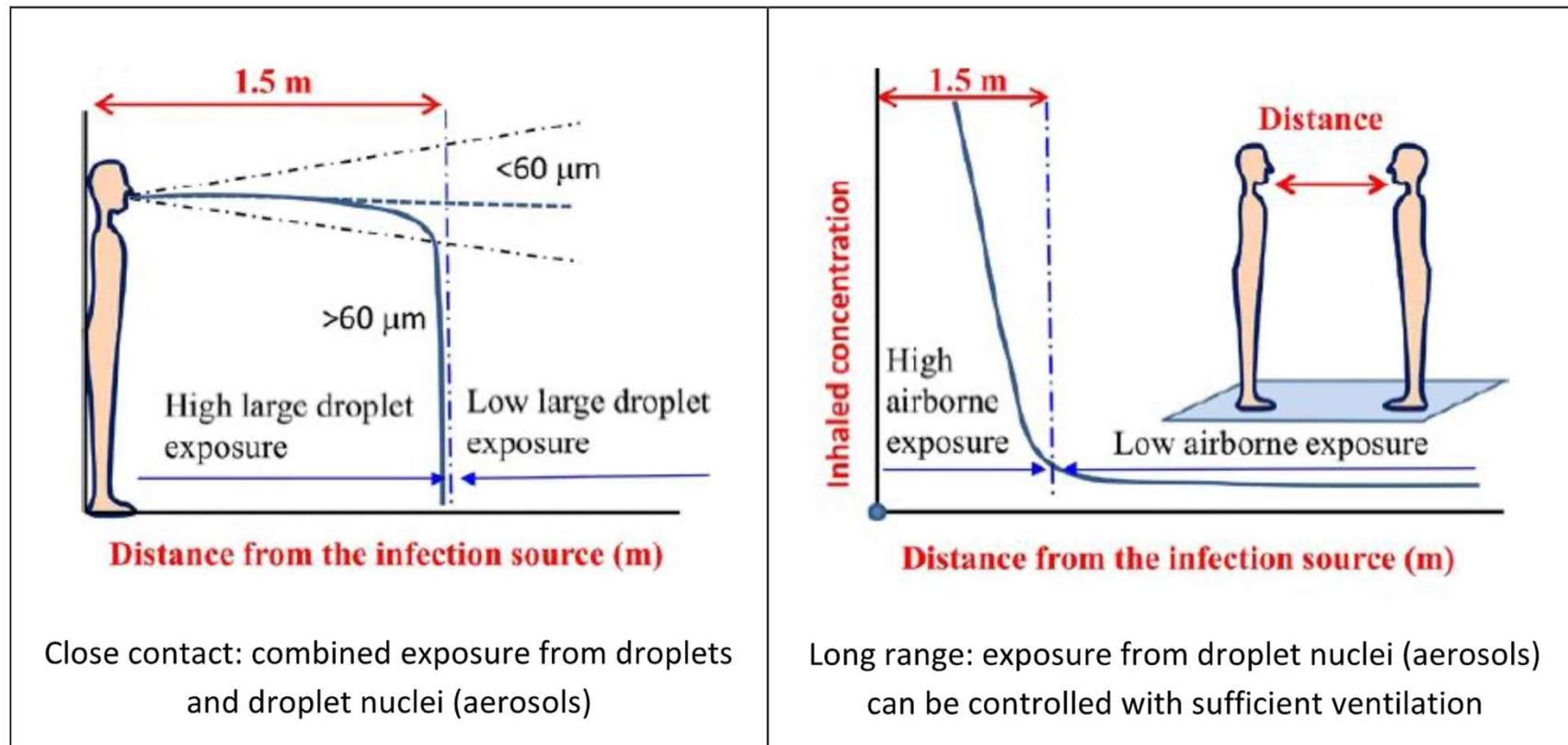


Figure 1. The distinction between close contact combined droplet and aerosol transmission (left) and long-range aerosol transmission (right) which can be controlled with ventilation diluting the virus concentration to a low level. (Figure: courtesy L. Liu, Y. Li, P. V. Nielsen et al.^{xii})

VENTILEREN EN SARS-COV-2

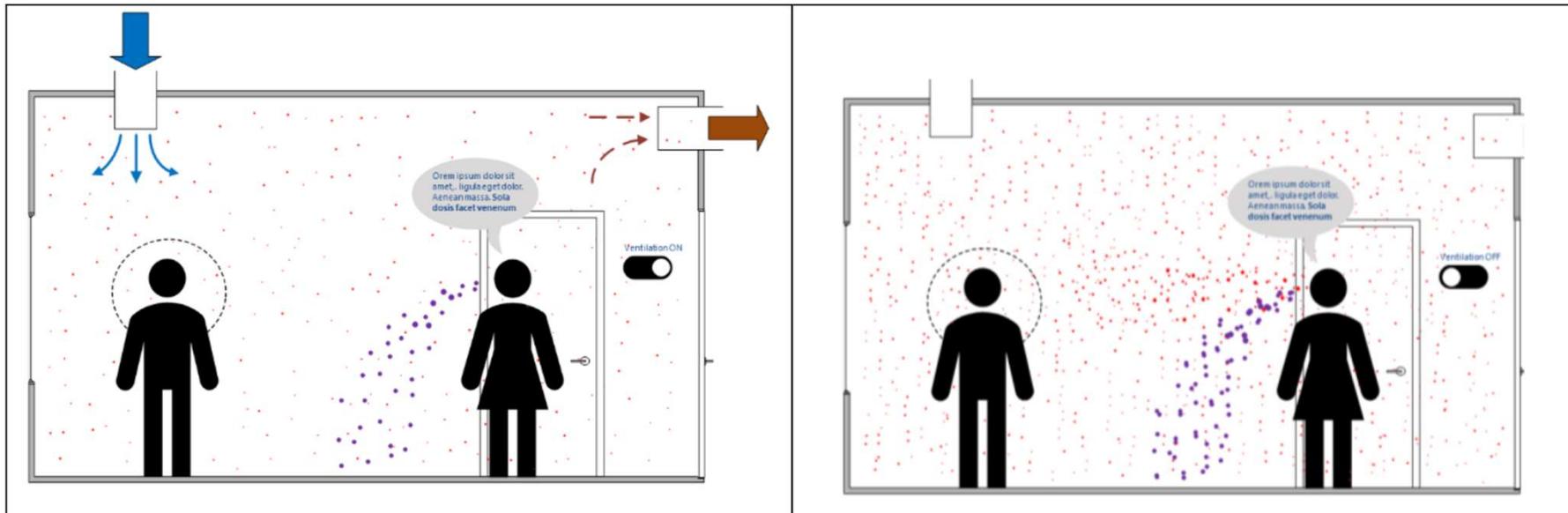


Figure 2. Illustration of how an infected person (speaking woman on the right) leads to aerosol exposure (red spikes) in the breathing zone of another person (man on the left in this case). Large droplet exhalation is marked with purple spikes. When the room is ventilated with mixing ventilation system, the amount of virus-laden particles in the breathing zone is much lower than when the ventilation system is off. Left figure: ventilation system on, right figure: ventilation system off.

VENTILEREN EN SARS-COV-2: HOEVEEL??

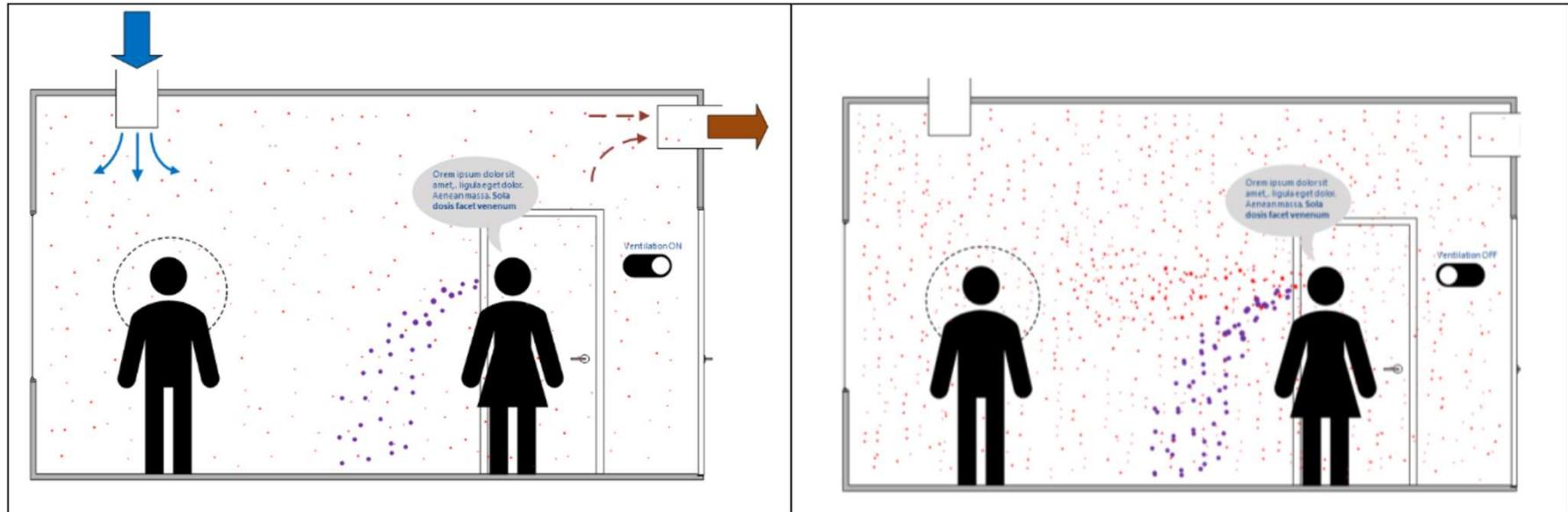


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VENTILEREN EN SARS-COV-2

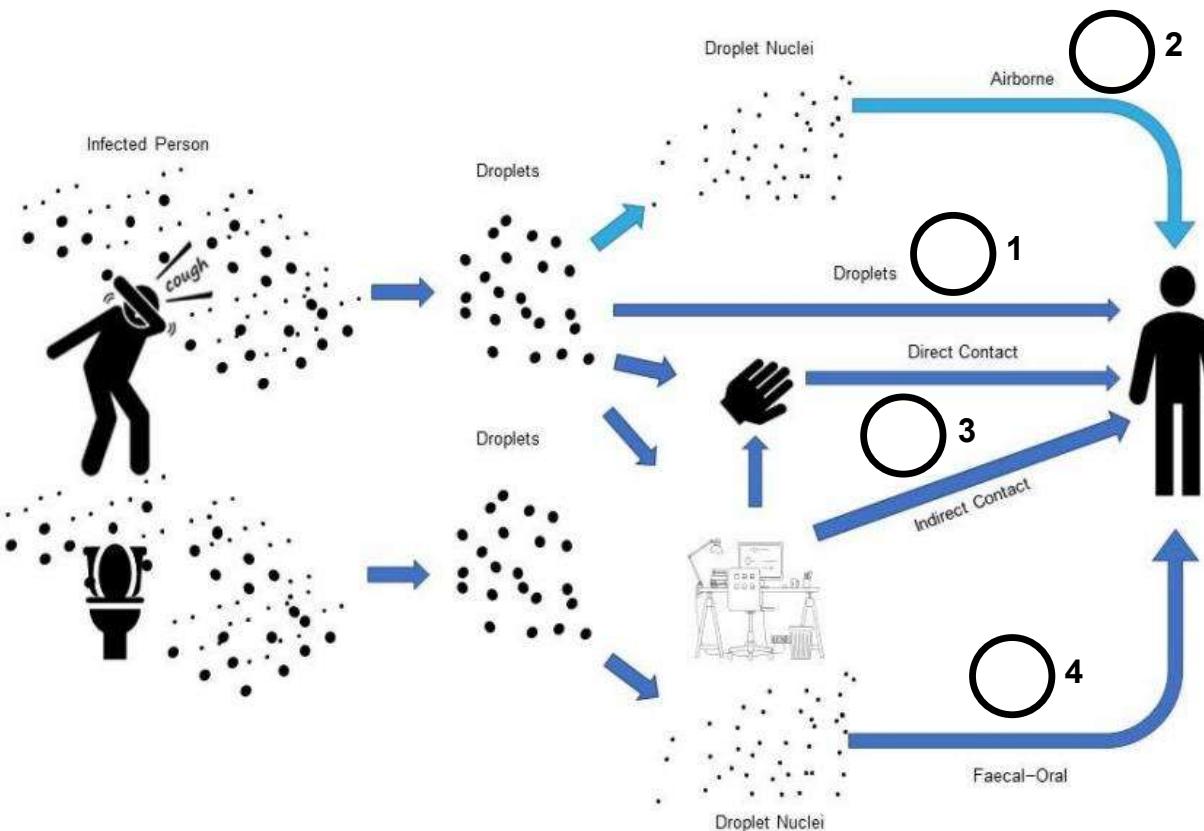
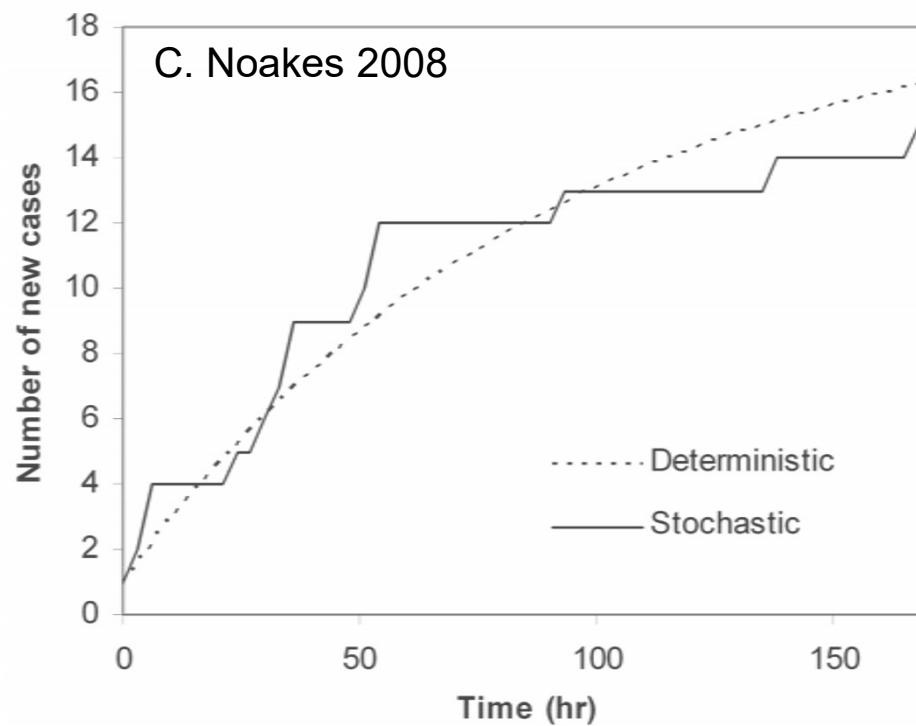


Figure 1. Exposure mechanisms of COVID-19 SARS-CoV-2 droplets. (figure: courtesy Francesco Franchimon).

INFECTION RISK



Wells-Riley Equation:

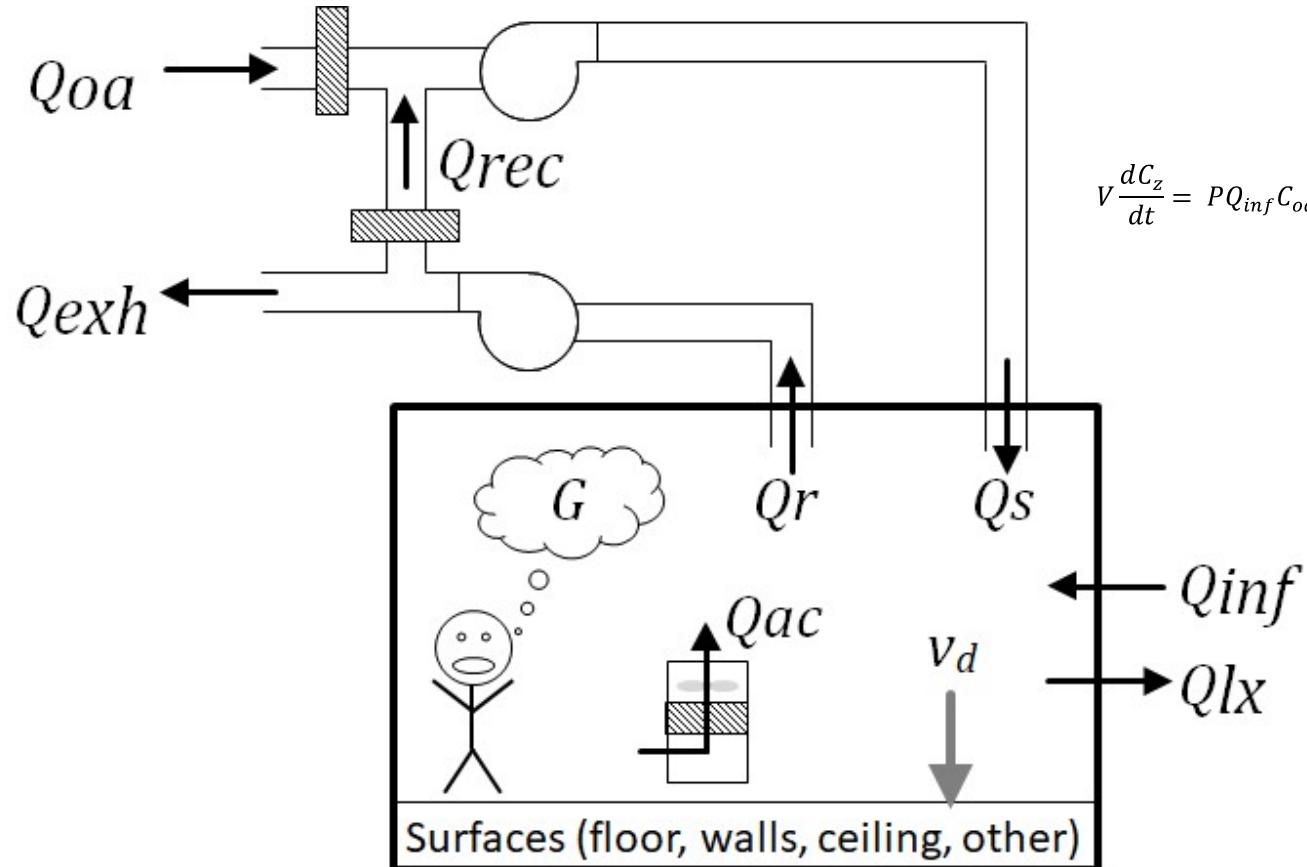
$$P = \frac{D}{S} = 1 - e^{-\frac{Ipqt}{Q}}$$

And:

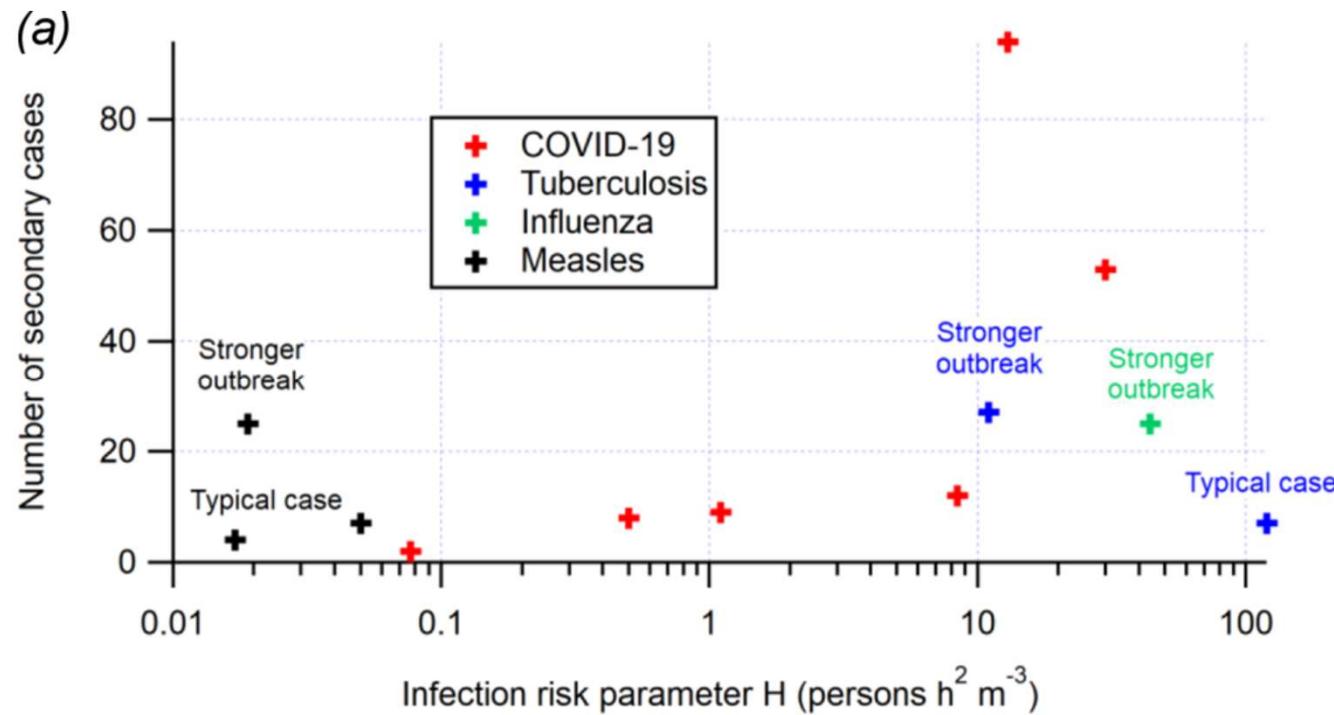
$$P = 1 - e^{-\mu}$$

Poisson's probability of rare discrete events

HOEVEEL VENTILATIE: MASSABALANS



IMPLICATIES VOOR ONTWERP?



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